

JSSF'S B. R. HARNE AYURVEDIC MEDICAL COLLEGE KARAV, VANGANI.
YEARLY ATP BATCH 2023-24
SAMHITA ADHYAYANA -2

Paper 1					
Sr. No	A2 List of Topics	B2 Term	Name of Faculty	D2 Lecture hours	E2 Non- Lecture Hours
1	Cha.Su.13- Sneha Adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Sneha yoni 2. Chaturvidha sneha and its qualities 3. Sneha kaala and its anupana 4. Pravicharana sneha 5. Acchapeya 6. Sneha matra and its indications 7. Introduction to sneha yogya and ayogya purusha 8. Introduction to ayoga, samyak yoga and atiyoga of snehapana 9. Koshta pariksha 10. Introduction to snehapana vidhi 11. Introduction to sadyasneha 12. Sneha vyapat kaarana, lakshana and chikitsa III. Adhyaya sangraha	1	Vd Madhav Bhagwat	3	1
2	Cha.Su.14- Sveda Adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Benefits of swedana 2. Swedana bheda 3. Swedana vidhi 4. Samyak swinna lakshana 5. Atiswinna lakshana and chikitsa 6. Swedana yogya and ayogya 7. Trayodasha agni sweda vivarana 8. Dasha vidha niragni sweda III. Adhyaya sangraha	1	Dr Sanskruti Muley	2	1

3	Cha.Su.15- Upakalpaneeya Adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Samshodhana upayogi dravya sangraha 2. Aturalaya nirmana 3. Introduction to vamaana vidhi 4. Samsarjana krama 5. Introduction to virechana vidhi 6. Benefits of samshodhana III. Adhyaya sangraha	1	Dr Sanskruti Muley	2	3
4	Cha.Su.16- Chikitsaprabhritiya Adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Samyak virikta – avirikta - ativirikta lakshana 2. Bahudosha lakshana 3. Benefits of samshodhan 4. Importance of samshodhan 5. Samshodhana atiyoga and ayoga chikitsa 6. Swabhavoparama vada 7. Chikitsa paribhasha 8. Qualities of chikitsa-prabhrita vaidya III. Adhyaya sangraha	1	Dr Sanskruti Muley	2	2
5	Cha.Su.17- Kiyantashiraseeya Adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Importance of shiras 2. Introduction to shiroroga, hridroga, vidradhi, madhumeha and madhumeha pidaka 3. 62 types of permutation and combination of doshas 4. Trayodasa sannipata (13 types of combination of doshas) 5. 12 types of vishama sannipata (Doshavikalpa) 6. Types of kshaya 7. Ojus 8. Doshagati III. Adhyaya sangrah	1	Vd Madhav Bhagwat	3	0
6	Cha.Su.18-Trisotheeya Adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Types of shotha 2. Trividha bodhya (three types of assessment of diseases) 3. Ekadeshaja shotha 4. Aparisankhyeyatwa of roga 5. Anukta roga (unnamed diseases) and its management 6. Karmas of prakrita doshas III. Adhyaya sangraha	1	Vd Smita More	1	3

7	Cha.Su.19-Ashtodareeya Adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Sankhya samprapti of samanyaja vyadhi 2. Tridosha pradhanyata 3. Nija-agantu sambandha III. Adhyaya sangraha	1	Dr Sanskruti Muley	1	3
8	Cha.Su.20- Maharoga adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Vyadhibheda (classification of disease) 2. Agantu-mukha (causes of agantu diseases) 3. Trividha-prerana (three etiological factors) 4. Samanyaja-nanatmaja-vikara – classification 5. Vataja-nanatmaja vikaras, atmarupa and prakupitakarma 6. Pittaja- nanatmaja vikaras, atmarupa and prakupitakarma 7. Kaphaja- nanatmaja vikaras, atmarupa and prakupitakarma III. Adhyaya sangraha	1	Dr Sanskruti Muley	2	2
9	Cha.Su.21- Ashtauninditeeya adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Ashta nindita purusha 2. Ati sthula and ati karshya 3. Ashta dosha of sthaulya 4. Dosha-lakshana-hetu of karsya and sthaulya 5. Prasasta purusha lakshana 6. Chikitsa sutra of sthaulya and karsya 7. Nidra paribhasha 8. Arha and varjya for divaswapna 9. Effects of ratri jagarana and divaswapna 10. Types of Nidra III. Adhyaya sangraha	1	Vd Madhav Bhagwat		3
10	Cha.Su.22- Langhanabrimhaneeya Adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Shadupakrama 2. Swaroopa and lakshana of shadupakrama 3. Dasavidhalanghana 4. Dasavidhalanghana-prayoga-niyama 5. Properties of dravyas used in shadupakrama 6. Samyaklakshana of langhana, brimhana and sthambhana 7. Atiyoga and ayoga of shadupakrama III. Adhyaya sangraha	1	Vd Smita More		2

11	Cha.Su.23- Santarpaneeya Adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Santarpana dravya 2. Santarpanajanya vyadhi 3. Chikitsasutra of santarpanajanya vyadhi 4. Apatarpanajanya vyadhi 5. Chikitsasutra of apatarpanajanya vyadhi III. Adhyaya sangraha	1	Vd Vaibhav Jadhav		0
12	Cha.Su.24- Vidhishoniteeya Adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Shonita-pradhanyata 2. Shonita-dushti-karana 3. Shonitajanya roga 4. Shonita-dushti-chikitsa 5. Raktadushtilakshana in relation to dosha 6. Vishuddharaktalakshana 7. Vishuddharakta-purusha-lakshana 8. Pathya in raktamoksha 9. Introduction to mada-murchaya-sanyasa III. Adhyaya sangraha	1	Dr Sanskruti Muley	3	2
13	Cha.Su.25- Yajjapurushheeya Adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Factors responsible for generation of purusha and diseases 2. Concept of hita ahara and its importance 3. Different factors related with ahara like aharayoni, prabhava, udarka, upayoga, rasa, gurvadi guna etc 4. Agryasangraha- (Aushadha- Anna-Vihara) 5. Terminology of pathya and apathya 6. Enumeration of aasavayoni III. Adhyaya sangraha	1	Vd Madhav Bhagwat	2	4
14	Cha.Su.26- Atreyabhadraakaapyeeya Adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Sambhasha parishat on number of rasa 2. Gunas of parthivadi dravyas 3. Dravya prabhava and guna prabhava 4. Dravya karmukata siddhanta (pharmacodynamics) with respect to adhikarana, kala, karma, veerya, upaya and phala 5. Paradi guna 6. Rasadi-panchaka – Additional knowledge 7. Examples of samanapratyarabdha and vichitra pratyavarabdha dravyas		Vd Smita More	3	3

	8. Properties of vipaka 9. Perception of rasa, vipaka and veerya 10. Examples of prabhava 11. Types of viruddha and management of complications 12. Principles of treatment of diseases caused by viruddha ahara III. Adhyaya sangraha				
15	Cha.Su.27- Annapaana vidhi Adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Benefits of hita ahara 2. Examples of hita ahara and ahita ahaara 3. Ahara vargas 4. Importance of anna III. Adhyaya sangraha	1	Vd Vaibhav Jadhav	4	2
16	Cha.Su.28- Vividhashitapeeteeya Adhyaya I. Adhyaya parichaya Siddhanta vivarana 1. Caturvidha-ahara 2. Difference between hita aahara and ahita aahara 3. Susceptibility to diseases (with respect to pathya and apathya) 4. Vyadhi-saha shareera 5. Dhatupradoshaj, upadhatupradoshaj, indriyapradoshaja, malapradoshaja vikaras and treatment principles 6. Shakhagati and koshtagati of doshas 7. Causes of health and diseases 8. Importance of prajnaaparadha III. Adhyaya sangraha	1	Dr Sanskruti Muley	4	14
17	Cha.Su.29- Dashapraanaayataneeya Adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Enumeration of dasa pranaayatana 2. Terminology of praanaabhisara vaidya and rogaabhisara vaidya, chadmachara, yogya bhishak and karmakovida III. Adhyaya sangraha	2	Vd Madhav Bhagwat	2	2

18	Cha.Su.30- Arthedashamahamooleeya Adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Importance of hridaya 2. Best factors for life (shreshtatama bhava) 3. Four types of Ayu 4. Shashwatatwa of Ayurveda 5. Quality of Learner of Ayurveda 6. Ashtaprashna 7. Dashaprakaran 8. Synonyms of tantra III. Adhyaya sangraha	2	Vd Smita More	2	0
19	Cha.Ni.01-Jwara nidana Adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Description of nidanapanchaka 2. Nidanaparyaya 3. Vyadhiparyaya 4. Ashtavidha jwaranidana , samprapti and lakshana. 5. Jwarapurvarupa 6. Jwara mahaprabhava vivarana 7. Jwara samkshipta chikitsa sutra. 8. Importance of ghrutapaan in jeerna jwara. III. Adhyaya sangraha	2	Vd Vaibhav Jadhav	2	2
20	Cha.Ni.02-Raktapitta nidana Adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Raktapitta paryaya and nirukti. 2. Raktapitta nidana, purvarupa, upadrava 3. Raktapitta marga, dosha anubhandha and sadhyaasadyata. 4. Raktapitta chikitsa sutra III. Adhyaya sangraha	2	Dr Sanskruti Muley	2	2
21	Cha.Ni.03-Gulma nidana Adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Sankhya samprapti 2. Gulma sthanas 3. Nidana, lakshana and samprapti of vata-pitta-kahpaja gulma 4. Shonita gulma 5. Gulma purvarupa 6. Sadhya asadya 7. Chikitsa sutra III. Adhyaya sangraha	2	Vd Madhav Bhagwat	2	2

22	Cha.Ni.04-Prameha nidana adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Sankhyasamprapti (vimsatiprameha) 2. Sampraptighataka (doshavishesha and dushyavishesha) 3. Nidanapanchaka of doshaja prameha (vata, pitta and kapha) 4. Sadhyasadyata 5. Poorvarupa 6. Upadrava 7. Chikitsasutra III. Adhyaya sangraha	2	Vd Smita More	2	3
23	Cha.Ni.05-Kushta nidana Adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Saptadravya of kushta 2. Aneka rupa of kushta 3. Samanya nidana and samanya purvarupa 4. Sadhyasadyata 5. Sapta kushta lakshana 6. Upadrava III. Adhyaya sangraha	2	Vd Vaibhav Jadhav	2	4
24	Cha.Ni.06-Shosha nidana Adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Vishesha nidana, samprapti and lakshana of shosha 2. Purvarupa 3. Ekadasa rupa 4. Sadhyasadyata III. Adhyaya sangraha	2	Dr Sanskriti Muley	2	2
25	Cha.Ni.07-Unmada nidana Adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Sankhya samprapti 2. Unmadaabhimukha karana (predisposing factors of unmada) 3. Unmada nirvacana (ashta vibhrama) 4. Purvarupa 5. Vata-pitta-kapha-sannipataj unmada lakshna 6. Role of prajnaparadha 7. Chikitsasutra of unmada 8. Agantuja unmada- nidana, purvarupa, lakshana, chikitsa sutra III. Adhyaya sangraha	2	Vd Madhav Bhagwat	2	4

26	Cha.Ni.08-Apasmara nidana adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Definition of apasmara 2. Apasmaraabhimukakarana (predisposing factors of unmada) 3. Vishesh lakshana of apasmara 4. Cikitsasutra 5. Nidanarthakara roga 6. Vyadhisankara 7. Suddha-asuddha cikitsa 8. Sadhyasadyata – nirvacana 9. Tiryaggatadosha - cikitsasutra III. Adhyaya sangraha	2	Vd Smita More	2	4
27	Cha.Vi.01- Rasa vimana Adhyayam I. Adhyaya parichaya II. Siddhanta vivarana 1. Importance and objective of vimanasthana 2. Prakritisamasamaveta and vikrutivishamasamaveta siddhanta 3. Chaturvidha Prabhava (rasa-dravya-dosh-vikara prabhava) 4. Examples of dravyaprabhava- taila, ghruta and madhu. 5. Dravyas which are avoided for regular consumption 6. Satmyaparibhasha and types 7. Aharavidhi visheshayatana 8. Ahara vidhi vidhana and bhojyasaadgunyam III. Adhyaya sangraha	3	Vd Madhav Bhagwat	2	3
28	Cha.Vi.02-Trividha kushheeya Adhyayam I. Adhyaya parichaya II. Siddhanta vivarana 1. Three divisions of amashaya for deciding aharamatraa 2. Matraavat ahaara lakshan 3. Amatravatva of ahara 4. Effects of heenamaatra and atimatra of ahara 5. Mental factors which affect the digestion of food 6. Two types of amadosha 7. Hetu-linga and aushadha of amadosha 8. Demarcation of amasaya III. Adhyaya sangraha	3	Vd Smita More	2	0

29	Cha.Vi.03-Janapadodhwansaneeya Vimanam Adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Importance of timely collection of medicines. 2. Janapadodhwamsakara samanya bhavas (four causes of epidemic diseases) 3. Lakshanas of vikrut vayu, jala, desha and kala. 4. Chikitsa siddhanta of janapadodhwamsakara vikaras 5. Role of adharma in janapadodhwamsa 6. Niyata and aniyata ayu 7. Daiva and purushakara 8. Examples of hetuviparita chikitsa in jwara 9. Apatarpana and its types 10. Description of desha III. Adhyaya sangraha	3	Dr Sanskruti Muley	2	2
30	Cha.Vi.04-Trividha roga vishesha vijnyaneeya adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Three methods of diagnosing diseases 2. Characteristics of aptopadesha, pratyaksha and anumana 3. Application of aptopadesha, pratyaksha and anumana in clinical examination III. Adhyaya sangraha	3	Vd Vaibhav Jadhav	2	3
31	Cha.Vi. 05- Sroto vimana Adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Srotas paribhasha 2. Types of srotas 3. Types of srotodushti 4. Hetu, lakshan and chikitsa of srotodushti III. Adhyaya sangraha	3	Vd Madhav Bhagwat	2	2
32	Cha.Vi. 06-Roganika vimana adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Dvididha vyadhi bheda based on prabhava, bala, adhishthana, nimitta, ashaya bheda. 2. Vyadhi aparisamkheyatva 3. Relation between shareerika and manasika dosha. 4. Anubandhy-anubandha roga 5. Agni bheda, prakruti bheda. 6. Vatala prakrutigata roga, their hetu and chikitsa, pitta prakrutigata roga, their hetu and chikitsa-kapha-prakrutigata roga, their hetu and chikitsa 7. Raja vaidya gunas III. Adhyaya sangraha	3	Vd Smita More	2	2

33	Cha.Vi. 07- Vyadhita rupeeya vimana Adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Dvididha vydhita purusha based on severity of disease and clinical presentation 2. Krimi bheda 3. Trividha chikitsa III. Adhyaya sangraha	3	Vd Vaibhav Jadhav	2	2
34	Cha.Vi. 08-Rogabhishagjiteeyam Adhyaayam. I. Adhyaya parichaya II. Siddhanta vivarana 1. Shastra pareeksha 2. Means of learning shastra 3. Adhyayana and adhyapana vidhi 4. Sambhasaha vidhi- Types 5. Three types of parishat 6. Vadamarga padani 7. Methodology of Vada and its benefits 8. Dashavidha pareeksya bhava 9. Dashavidha atura pareeksha III. Adhyaya sangraha	3	Dr Sanskruti Muley	5	11
35	Cha.Sha.01-Katithapurushheeya Adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Sareera and sareerasthana 2. Purusha and its types 3. Manonirupanam 4. Atmalinga 5. Ashtaprakriti and shodasavikara 6. Srishtyutpatti and pralaya 7. Trividha dukhahetu 8. Prajnaparadha 9. Daiva 10. Naishtikichikitsa 11. Vedana and vedana adhishtana 12. Vedananasahetu 13. Moksha 14. Smriti hetus III. Adhyaya sangraha	2	Vd Madhav Bhagwat	2	3

36	Cha.Sha.02-Atulyagothreeyam Adhyaaya I. Adhyaya parichaya II. Siddhanta vivarana 8. Vatala prakrutigata roga, their hetu and chikitsa, pitta prakrutigata roga, their hetu and chikitsa-kapha-prakrutigata roga, their hetu and chikitsa 9. Raja vaidya gunas III. Adhyaya sangraha	2	Vd Smita More	1	0
37	Cha.Sha.03-Khuddika garbhavakranti Adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Matrujadi bhavas in garbha 2. Beeja & beejabhaga III. Adhyaya sangraha	2	Vd Vaibhav Jadhav	1	0
38	Cha.Sha.04-Mahatee garbhavakranti Adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Garbha & garbhaposhana 2. Garbhopaghatakara bhava 3. Congenital abnormalities 4. Trividhasatva bheda (manasaprakriti) III. Adhyaya sangraha	2	Dr Sanskruti Muley	1	2
39	Cha.Sha.05-Purushavichaya Shareera Adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Lokapurushasamya 2. Hetwadi panchaka 3. Satya buddhi III. Adhyaya sangraha	2	Vd Madhav Bhagwat	1	4
40	Cha.Sha.06-Sareeravichaya adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Definition of sareera 2. Samanyavishesha sidhanta – applied aspect 3. Shareera dhatuguna 4. Shareeravriddhikarabhava 5. Balavriddhikarabhava 6. Aharaparinamakarabhava 7. Sareeraguna bheda	2	Vd Smita More	1	2

	8. Kala-akala mrityu 9. Param ayu karanam III. Adhyaya sangraha				
41	Cha.Sha.07- Sareerasankhya sareera Adhyaya I. Adhyaya parichaya II. Siddhanta vivarana Paramanu bheda of shareera	2	Vd Vaibhav Jadhav	1	2
42	Cha.Sha.08-Jathisutreeya Adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Sutikagara 2. Garbhopaghatakara bhava III. Adhyaya sangraha	2	Dr Sanskruti Muley	1	12
43	Cha.In.1-Varnasvariya Indriya Adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Factors for assessing rishta 2. Six types of prakruti bheda 3. Rishtaadhikara kruta vikruti bheda 4. Prakruta and vaikarika varna 5. Varnavishayak arishta 6. Prakruta and vaikarika swara 7. Swara vishayak arishta III. Adhyaya sangraha	3	Vd Madhav Bhagwat	1	1
44	Cha.In.2-Pushpitakam Indriya Adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Gandha vishayaka samgrah 2. Rasa vishayaka arishta III. Adhyaya sangraha	3	Vd Smita More	1	0
45	Cha.In.3-Parimarshaneeyam Indriyam Adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Sparshagamya bhava (palpable signs) 2. Sparshavishayak arishta lakshana III. Adhyaya sangraha	3	Vd Vaibhav Jadhav	1	0

46	Cha.In.4-Indriyaneekam Indriya adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Indriya vishayaka arishta samanya niyama (general rule regarding involvement of indriya) III. Adhyaya sangraha	3	Dr Sanskruti Muley	1	0
47	Cha.In.5-Purvarupeeyam Indriyam Adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Jvara rupa vishayaka poorvaroopiya rishta (rishta based on purvarupa of jvara) 2. Swapna bheda (types of swapna) III. Adhyaya sangraha	3	Vd Madhav Bhagwat	1	2
48	Cha.In.6-Katamanisharireeyam Indriyam Adhyaya I. Adhyaya parichaya II. Sidhanta vivarana 1. Rishta related to pureesha, mutra and swayathu III. Adhyaya sangraha	3	Vd Smita More	1	0
49	Cha.In.7-Pannarupiyam Indriyam Adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Praticaya vishayaka arishta 2. Chaya vikruti arishtas 3. Five types chaya bheda 4. Seven types prabha bheda III. Adhyaya sangraha	3	Vd Vaibhav Jadhav	1	0
50	Cha.In.8-Avakshiraseeyam Indriyam Adhyaya I. Adhyaya parichaya II. Adhyaya sangraha	3	Dr Sanskruti Muley	1	0
51	Cha.In.9-Yasya shyavanimittiya Indriya Adhyaya I. Adhyaya parichaya II. Sidhanta vivarana 1. Ashtamaharogas III. Adhyaya sangraha	3	Vd Madhav Bhagwat	1	0
52	Cha.In.10-Sadyomaraneeeyam Indriya Adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Sadyo maraneeya arishtas III. Adhyaya sangraha	3	Vd Smita More	1	0

53	Cha.In.11-Anujyotiyam Indriya Adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Definition of Arishta III. Shloka sangraha	3	Vd Vaibhav Jadhav	1	0
54	Cha.In.12-Gomayachurniyam Indriya Adhyaya I. Adhyaya parichaya II. Siddhanta vivarana 1. Mumurshu lakshana, 2. Prashasta doota lakshana and mangalika dravya. 3. Arogya janaka bhava III. Adhyaya sangraha	3	Dr Sanskruti Muley	1	17